



- ✓ Are you caring for a loved one whose health is failing?
- ✓ Are you part of the “Sandwich Generation”, caring for your own children and your aging parents?
- ✓ Are you concerned about your own future and your options for aging in place?

### *Free informative workshops and information*

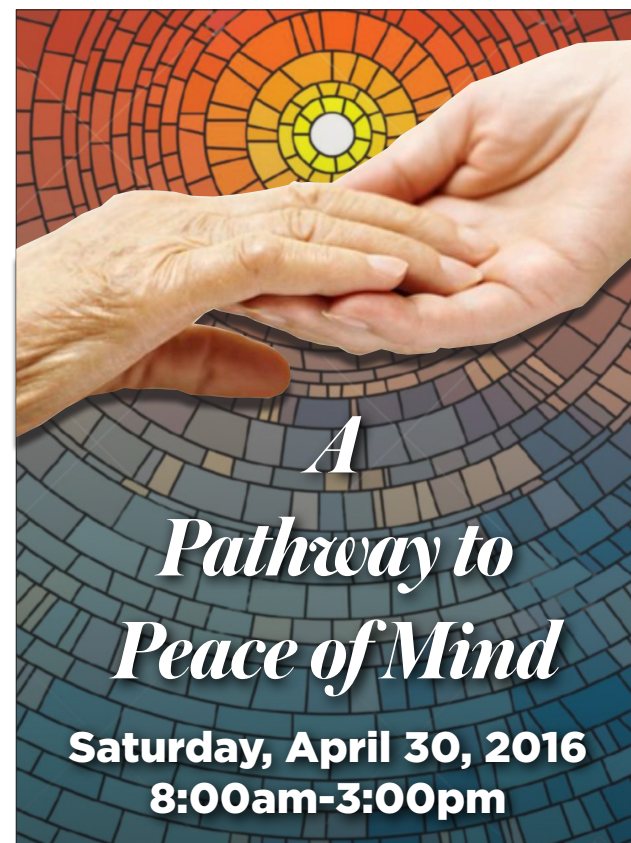
- (15) Workshops presented by knowledgeable professionals
- (30) Exhibitors from a variety of local businesses to provide valuable resources and answers your questions.
- Virtual Dementia Tour- Sponsored and provided by **Silverado Memory Care**. The Virtual Dementia Tour was created by Second Wind Dreams® for people caring for those with Dementia, striving to provide better care. Designed to build sensitivity and awareness in individuals caring for those with Dementia.
- FREE continental breakfast, compliments of **The Solana Vintage / The Solana Preserve**
- FREE hot lunch, compliments of **Silverado Memory Care**

### *Exhibitors*

- Alzheimer's Association Houston & Southeast Chapters
- At Your Side Home Care
- Brookdale Senior Living Solutions
- Brookside Funeral Home – Champions
- Catholic Charities of the Archdiocese of Galveston-Houston
- CHI St Luke's Hospital Vintage
- Encompass Home Health and Hospice
- Everest Funeral Planning and Concierge Services
- FindHoustonSeniorCare.com
- Grace Care Centers
- Harris County Veterans Service
- Harvest Home/Inwood Crossing
- HealthSouth Rehabilitation Hospitals
- Hospice with Grace
- Kindred Hospitals
- Klein Funeral Homes and Memorial Park
- Law Office of Janice M. Pickett
- Medical Home Team
- Parsons House Cypress
- Right At Home
- Rose of Texas Hospice
- St. Ignatius Loyola Senior Care Ministries
- Senior Choice (Medical Insurance)
- Silverado Memory Care
- The Heights of Tomball Rehabilitation Hospital
- The Solana Vintage Park
- The Solana Preserve Independent Living Vintage Park
- Tomball Regional Senior Circle
- Tomball Regional Senior Care Behavioral Health
- US Memory Care



# *Senior Care Conference*



7810 Cypresswood Dr., Spring, TX 77379  
(281) 370-3401

## Program



**8:00 am**

Check In / Exhibits Open / Continental Breakfast  
McGivney Hall

**9:00 am**

Welcome / Introduction  
McGivney Hall

**9:20-10:30 am**

Session I Workshops  
Xavier Hall

**10:40- 11:50 am**

Session II Workshops  
Xavier Hall

**12:00-1:00 pm**

Exhibits Open  
McGivney Hall

**12:30-1:30 pm**

Lunch Buffet  
Christus Center

**1:00-1:30 pm**

Keynote Speaker:  
Catholic Charities CEO Cynthia Colbert  
"The Dignity of Life and Caring for Our Seniors"  
Christus Center

**1:40-2:50 pm**

Session III Workshops  
Xavier Hall



## Workshops

### Session I (9:20am – 10:30am)

1. Veterans Benefits & Texas State Benefits (David Cantu, Harris County Veterans)
2. The Catholic Way of Vigils, Funerals and Burials: (Linda Krehmeier, Director of Formation, St Ignatius Loyola)
3. Understanding the Health Care Continuum- Hospital/ Rehab/Skilled Nursing Facilities/Home Health (Regenia Kendrick, LBSW/ Masie Cheng, LMSW Clinical Liaisons, HealthSouth Cypress)
4. Intervention: How, When & Where (Sandi Heintz, Certified Senior Advisor/Owner- Right At Home)
5. Caring for Ourselves as We Care for Others (The Rev. Steve Ferguson, Mission Integration/Spiritual Care Coordinator, CHI St Luke's Hospital The Vintage)Care)

### Session II (10:40am – 11:50am)

6. Making Medical Decisions for a Loved One (Jennifer Carr Allmon, Associate Director of the Texas Catholic Conference of Bishops)
7. End of Life Planning- Funeral Costs and Considerations (Marc Klein, Owner & President of Klein Funeral Homes)
8. Hospice Care: An Overview & Benefits (Kathleen A. Masiko, Community Liaison, Rose of Texas Hospice)
9. Communication & Dementia - The Validation Method (Donna Crabtree, Regional Director of Operations, Meridian Senior Living)
10. Senior Living Options and Levels of Care (Kathryn Watson, FindHoustonSeniorCare.com, Caregiver Life Coach/Author)

### Session III (1:40pm – 2:50pm)

11. The Medicare Puzzle: Understanding Medicare Part A, B, C, D & Medicare Advantage Plans (John Holmes, Licensed And Senior Independent Insurance Agent, Seniors Choice)
12. Essential Legal Documents/ Medicaid (Jan Pickett, Attorney at Law, Law Office of Janice M. Pickett)
13. In Home Services: Private Duty, Home Health Care & Hospice (Suzi Mattingly, Account Executive, Encompass Home Health & Hospice)
14. Types of Dementia and Understanding the Stages of Alzheimers (Connie M. Assiff, MBA Alzheimers Association)
15. What To Look for in an Assisted Living Community (Stevie Steely, Executive Director, Parsons House Cypress)

## How do I register?

Registration by April 27th is **FREE** and includes breakfast and lunch. Registration at the door will be \$8.00 (spaces are limited)

Registration Options:

- Register online at <http://ignatiusloyola.org/news/senior-care-conference>  
**OR**
- Fill out form and mail or drop off to: **St Ignatius Loyola Catholic Church, 7810 Cypresswood Dr, Spring, TX 77379**

Name \_\_\_\_\_

Address \_\_\_\_\_

Day Phone \_\_\_\_\_

Email \_\_\_\_\_

Workshop selection for SESSION 1 (circle one)

1                      2                      3                      4                      5

Workshop selection for SESSION 2 (circle one)

6                      7                      8                      9                      10

Workshop selection for SESSION 3 (circle one)

11                      12                      13                      14                      15

For additional information please contact:

**Suzi Mattingly, Committee Chair (713-410-1172)**

**Bill Mattingly, Registration (281-798-8392)**